

THE TODHIGH WAY (KS3)

We are great learners because we show *care, respect* and *honesty*.

Sign and keep your contractual promise.....

MY BEST EFFORT

I understand how important education, reading, writing and number-work are. I will learn, think and behave in the best way I know how and do whatever it takes to learn and to help my fellow students learn, too. I will be caring, respectful and honest with myself and my community.

SHOW PRIDE IN YOUR LEARNING

P is for **PRESENTATION**: My work is always neat and well presented. I take pride in the way I present my work in my book, folder or ICT file. Work that is well presented shows **care** and attention to detail. I understand that it is **respectful** to present my work well for my teachers and other students.

Taking care in my work is a great learning habit.

R is for **RESILIENCE**: I am not a quitter. I never give up. I remain positive and resilient even when the work is hard. I do what it takes to succeed, for as long as it takes, in my class-learning and homework. I learn from mistakes and try even harder next time, because I **care** about my future.

Resilience is a great learning habit.

I is for **INDEPENDENCE** : I am self -motivated and self-reliant. I am a respectful learner. I know it's my job to work things out for myself. I try things out and do research on my own. I am curious to learn new things and I can motivate myself to do well.

Independence is a great learning habit.

D is for **DEADLINES**: I can meet deadlines. I do not let people down, because I show care, respect and honesty towards my learning. I stick to deadlines so that I do not fall behind with my learning. I meet classwork, homework, assessment and revision deadlines.

Meeting (or beating) deadlines is a great learning habit.

E is for **EXCELLENCE**: I strive for excellence and do not settle for second best. I aim to hit and beat my challenging targets in each subject. I want to be *aspirational , inspirational* and *remarkable* in what I do. I am for excellence in my class learning, my preparation for tests and in my homework.

Striving for excellence is a great learning habit.

Be resilient and take responsibility for **your** learning.

“Great things never come from comfort zones.”

Continue to challenge yourself and complete as many challenges as you can over the year!

Progress will be measured on how many stamps you receive on your loyalty to learning card.

Be independent and use your homework time table to plan when you can complete these challenges to the best of your ability, ensuring you have shown care, respect and honesty towards your personal learning journey.

Going the extra mile will put you on the road to success!

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Take **PRIDE** in your work and your future aspirations.

Year 7 PE: I am predicted a grade at the end of KS3.

Curriculum Timeline			
	Girls	Boys	
Term 1a	Netball	Football	
Term 1b	Health Related Exercise	Badminton or Basketball	
Term 2a	Badminton or Gymnastics	Basketball or Table tennis	
Term 2b	Gymnastics or Table Tennis	Health Related Exercise	
Term 3a	Rounders	Cricket & Softball	
Term 3b	Athletics	Athletics	

Homework tasks

CHALLENGE

DEVELOPING

1.

List/describe the 10 most important rules for the sport you are taking part in during PE.

2.

Define the term etiquette and provide some examples from sport.

3.

Write a match report for a sport/game of your choice.

SECURING

4.

Explain the most important rules of the sport you are taking part in during PE.

5.

Produce a poster to show how poor etiquette can affect sporting performance or entertainment value.

6.

Produce a match report including statistics for a sport/game of your choice.

EXCEEDING

7.

Analyse 3 of the key rules for the sport you are taking part in. How can they be improved or changed to make the sport more entertaining?

8.

Explain using examples from sport how etiquette in sport can affect behaviour in society.

9.

Produce a short media interview for a sport/match of your choice on your phone or computer.

PROGRESS TIME LINE : Tally up loyalty to learning commendations

Term 1



Term 2



Term 3



Homework tasks

CHALLENGE		
DEVELOPING 1. List/describe the 10 most important rules for the sport you are taking part in during PE.	SECURING 4. Explain the most important rules of the sport you are taking part in during PE.	EXCEEDING 7. Analyse 3 of the key rules for the sport you are taking part in. How can they be improved or changed to make the sport more entertaining?
2. Define the term etiquette and provide some examples from sport.	5. Produce a poster to show how poor etiquette can affect sporting performance or entertainment value.	8. Explain using examples from sport how etiquette in sport can affect behaviour in society.
3. Write a match report for a sport/game of your choice.	6. Produce a match report including statistics for a sport/game of your choice.	9. Produce a short media interview for a sport/match of your choice on your phone or computer.
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Term 1 		
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Year 8 PE: I am predicted a grade at the end of KS3.

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Term 1a	Netball	Football	
Term 1b	Health Related Exercise	Badminton or Basketball	
Term 2a	Football or Gymnastics	Badminton, Basketball or Table tennis	
Term 2b	Gymnastics or Football	Health Related Exercise or Table tennis	
Term 3a	Rounders	Cricket & Softball	
Term 3b	Athletics	Athletics	

Homework tasks

CHALLENGE

DEVELOPING

1.

List/describe your strengths and weaknesses in the sport you are taking part in during PE.

2.

Describe the role of the officials in a chosen sport.

3.

Describe the characteristics of a good sports coach.

SECURING

4.

Explain how your strengths and weaknesses affect your performance in the sport you are taking part in during PE.

5.

Produce a poster to show how officials use signals in your chosen sport.

6.

Plan a coaching session to develop a skill in your chosen sport.

EXCEEDING

7.

Analyse 3 key weaknesses in your performance. Explain how they can be improved to make you a better performer?

8.

Explain using examples from sport why respect for the official is important.

9.

Lead a coaching session of your choice and evaluate your performance.

Term 1



Term 2



Term 3



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Year 9 PE: I am predicted a grade at the end of KS3.

Curriculum Timeline			
	Girls	Boys	
Term 1a	Netball	Football	
Term 1b	Health Related Exercise or Football	Badminton or Basketball	
Term 2a	Football or Gymnastics	Basketball or Hockey	
Term 2b	Hockey or Football	Health Related Exercise	
Term 3a	Rounders	Cricket & Softball	
Term 3b	Athletics	Athletics	

Homework tasks

CHALLENGE

DEVELOPING

1.

List/describe the qualities of a good leader in sport.

2.

Describe 3 values associated with taking part in sport. For example citizenship, respect, equality etc.

3.

Write a match report for a sport/game of your choice.

SECURING

4.

Produce a poster/information sheet highlighting good examples of leaders in sport.

5.

Produce a poster to show how we can develop good values in your chosen sport.

6.

Produce a match report including statistics for a sport/game of your choice.

EXCEEDING

7.

Evaluate your leadership qualities and suggest how you could improve as you move into KS4 PE.

8.

Explain using examples from sport how values learned from sport can help to improve us as citizens.

9.

Produce a short media interview for a sport/match of your choice on your phone or computer.

Term 1



Term 2



Term 3



PROGRESS TIME LINE : Tally up loyalty to learning commendations