

WBW

Anti-bullying week.

There is no legal definition of bullying. However, it's usually defined as behaviour that is:

- repeated
- intended to hurt someone either physically or emotionally
- often aimed at certain groups, for example because of race, religion, gender or sexual orientation

What is bullying?

It takes many forms and can include:

- physical assault
- teasing
- making threats
- name calling
- cyberbullying - bullying via mobile phone or online (for example email, social networks and instant messenger)



What are the effects of bullying?

Isolation

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Facing barriers to learning due to sadness.

Retaliate and get into trouble.

Mental health issues.

Avoid coming to school which will affect their achievement.

Some people are pushed so far that they take their own life.

Difficulties with trust and forming friendships.

What can you do about it?

Tell a friend
Tell a parent
Tell a teacher

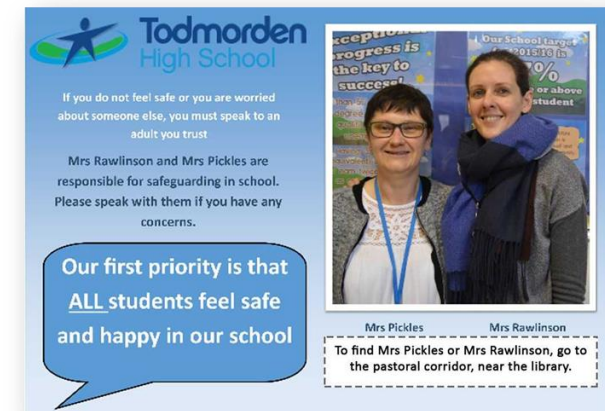


Go to the school office and place your concern in the drop box. You can do this if you have seen bullying or if you are experiencing it. **This letter box is used for any form that gets handed in, so people won't know what you are doing.**

If for any reason you can't tell your FT, LM or other member of staff, **always** feel free to visit our safeguarding team- Ms. Rawlinson and Ms. Pickles.



If you see a person being bullied, support them! How would you feel if it was you?





Together,
we will
beat
bullying!



Beat
Bullying

