Further Restrictions

COVID19

From Thursday 24th September 2020
Infection rates are rising...

This means the government have brought in further restrictions as to what we should all be doing to combat the pandemic. **WE ALL** have a part to play. These restrictions **aim to keep schools and colleges open** but limit the extent to which the infection is spread so that we don’t have a massive second wave. Remember, nearly **42,000 people** have already died. Some people are particularly vulnerable and so we all need to do what we can to protect them. We want to lose as few people as possible from now on...
What are the rules in school?

• All students stay in year group bubbles. No-one should be mingling with students from other year groups in school.

• Practice social distancing wherever possible.
  • In class, all **face the same way** for as much time as possible
  • Wear a **mask** on corridors and in other communal areas
  • Follow the **one way** system
  • **Arrive** as close as possible to the start of the school day
  • Put **distance** between you and others, as far as possible, when queuing outside classrooms or for lunch.
  • **Wipe down** your table at the start of every lesson.
  • **Wash your hands** or **use sanitising gel** as often as possible, and at least at the start of P1 and the end of P3. (Bring your own gel, if you can!)
What about in the Community?

- **Limit** socialising.
- Practice **social distancing** wherever possible.
- Before school and after school, and at the weekends, keep to groups of **6 or fewer** and of your own year group, or those people you live with, wherever possible. Please don’t think it’s okay to stay overnight at your friend’s house…! The aim is to **limit social interaction** as much as possible to protect everyone's health.
- If you can, meet friends **outside** – get some exercise together by going for a walk!
- **Walk** to places if at all possible.
- If you travel by **bus** you MUST wear a face covering for the entire journey.
- If you get a taxi, both you and the driver must wear a mask.
What about shops and businesses?

• Customers and workers should BOTH wear **masks** in shops. You should aim to be at least ‘1m plus’ away from anyone else if you are wearing a mask or there is a screen between you.

• Pubs and restaurants must operate a **table service only** – no ordering at the bar.

• Pubs and restaurants must close by **10pm** at the latest.

• Cinemas and theatres must close as soon as the performance has ended, if this goes beyond 10pm.

• Anyone who can **work from home** is asked to do so.
How long will this last?

• Possibly up to 6 months.

• It depends on the infection rate – if it comes down to less than 1, these restrictions may be eased again. If not, and if the infection rate continues to rise because people do not follow the guidance, we may have to go into total lockdown again. This would mean massive job losses, as well as people feeling very isolated again.

• Christmas may be very different this year 😞

• There MAY be a vaccine ready by spring 2021. Getting everyone a jab will take time...

• We need to stay strong and do the right thing – for everyone’s sake.